

vjk korte baan25: Session: 2: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ Relay line-up input: The listed starttimes are indicative!

Coaches: Van Dooren Glenn

Coaches: Wouters Ivan

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 100M FREESTYLE MEN 11-12 **Heat:2, starttime: 14:02**

Heat: 2/17 Lane : 3 Athlete: TILLEUIL NATHAN **Q-time: 01:21:71**

PB (25m pool): 01:21.71 Herentals 17/05/2025 **PB (50m pool): 01:29.00 SB: no time**

	25 M	50 M	75 M	100 M	
PB		00:38.28		01:21.71	
	00:38.28		00:43.43		
	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-12 **Heat:4, starttime: 14:06**

Heat: 4/17 Lane : 3 Athlete: CAMBRé ARTHUR **Q-time: 01:16:90**

PB (25m pool): 01:16.90 Antwerpen 12/10/2025 **PB (50m pool): 01:19.78 SB: 01:16.90 Antwerpen 12/10/2025**

	25 M	50 M	75 M	100 M	
PB		00:36.56		01:16.90	
	00:36.56		00:40.34		
	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-12 **Heat:13, starttime: 14:21**

Heat: 13/17 Lane : 2 Athlete: THIJSBAERT NIO **Q-time: 01:09:07**

PB (25m pool): 01:09.07 Antwerpen 12/10/2025 **PB (50m pool): 01:14.92 SB: 01:09.07 Antwerpen 12/10/2025**

	25 M	50 M	75 M	100 M	
PB		00:33.36		01:09.07	
	00:33.36		00:35.71		
	

Coach feedback:

vjk korte baan25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 5: 100M FREESTYLE MEN 11-12				Heat:16, starttime: 14:26	
Heat: 16/17 Lane : 5 Athlete: VERDONCK STAN				Q-time: 01:05:95	
PB (25m pool): 01:05.95 Antwerpen 12/10/2025			PB (50m pool): 01:05.95 SB: 01:05.95 Antwerpen 12/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:31.07		01:05.95	
	00:31.07		00:34.88		
	

Coach feedback:

Event number: 6: 100M BREASTSTROKE WOMEN 11-12				Heat:4, starttime: 14:37	
Heat: 4/15 Lane : 3 Athlete: LAUREYSENS JUTTA				Q-time: 01:41:48	
PB (25m pool): 01:41.48 Heist Op Den Berg 11/01/2025			PB (50m pool): 01:39.14 SB: no time		
	25 M	50 M	75 M	100 M	
PB		00:47.34		01:41.48	
	00:47.34		00:54.14		
	

Coach feedback:

Event number: 6: 100M BREASTSTROKE WOMEN 11-12				Heat:8, starttime: 14:45	
Heat: 8/15 Lane : 5 Athlete: WYNANTS FRé				Q-time: 01:35:78	
PB (25m pool): 01:35.78 Antwerpen 12/10/2025			PB (50m pool): 01:40.12 SB: 01:35.78 Antwerpen 12/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:45.82		01:35.78	
	00:45.82		00:49.96		
	

Coach feedback:

Event number: 7: 50M BUTTERFLY MEN 11-12			Heat:1, starttime: 15:02		
Heat: 1/17 Lane : 4 Athlete: TILLEUIL NATHAN			Q-time: 00:48:16		
PB (25m pool): 00:48.16 Herentals 17/05/2025		PB (50m pool): no time SB: no time			
	25 M	50 M			
PB		00:48.16			
	00:48.16				
			

Coach feedback:

vjk korte baan25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 7: 50M BUTTERFLY MEN 11-12		Heat:4, starttime: 15:06
Heat: 4/17 Lane : 2 Athlete: CAMBRé ARTHUR		Q-time: 00:43:06
PB (25m pool): 00:45.25 Aarschot 04/05/2025		PB (50m pool): 00:55.75 SB: no time
	25 M	50 M
PB		00:45.25
	00:45.25	

Coach feedback:

Event number: 7: 50M BUTTERFLY MEN 11-12		Heat:16, starttime: 15:20
Heat: 16/17 Lane : 1 Athlete: THIJSBAERT NIO		Q-time: 00:34:41
PB (25m pool): 00:34.41 Hoogstraten 28/09/2025		PB (50m pool): 00:40.86 SB: 00:34.41 Hoogstraten 28/09/2025
	25 M	50 M
PB		00:34.41
	00:34.41	

Coach feedback:

Event number: 7: 50M BUTTERFLY MEN 11-12		Heat:17, starttime: 15:21
Heat: 17/17 Lane : 5 Athlete: VERDONCK STAN		Q-time: 00:31:71
PB (25m pool): 00:31.71 Antwerpen 12/10/2025		PB (50m pool): 00:41.53 SB: 00:31.71 Antwerpen 12/10/2025
	25 M	50 M
PB		00:31.71
	00:31.71	

Coach feedback:

Event number: 8: 50M BUTTERFLY WOMEN 11-12		Heat:8, starttime: 15:31
Heat: 8/15 Lane : 1 Athlete: LAUREYSENS JUTTA		Q-time: 00:38:93
PB (25m pool): 00:38.93 Stedelijk Zwembad Geel 16/02/2025		PB (50m pool): no time SB: 00:39.06 Hoogstraten 28/09/2025
	25 M	50 M
PB		00:38.93
	00:38.93	

Coach feedback:

vjk korte baan25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 8: 50M BUTTERFLY WOMEN 11-12		Heat:8, starttime: 15:31
Heat: 8/15 Lane : 5 Athlete: WYNANTS FRé		Q-time: 00:38:69
PB (25m pool): 00:38.69 Herentals 17/05/2025		PB (50m pool): 00:42.73 SB: 00:39.00 Hoogstraten 28/09/2025
	25 M	50 M
PB		00:38.69
		00:38.69

Coach feedback: